

Health Care Resources

for Arizona's Low Income and Uninsured Families



Children's
Action Alliance

September 2025

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Introduction



Special note: Congress passed H.R. 1 in July 2025 which makes significant changes to a variety of programs. Many of the changes have delayed enactment dates, such as January 1, 2027 for most AHCCCS programs. The links in this document take you to program websites which should have the most updated information.

Welcome to the Children's Action Alliance Resource Manual for Arizona Low Income and Uninsured Families. This manual is designed to support healthcare workers, social workers, school nurses, and other professionals who are dedicated to helping Arizona's children and low-income families access the healthcare and support services they need to thrive.

At Children's Action Alliance, we believe that removing barriers to healthcare is essential to building strong, healthy communities. This manual provides a comprehensive list of resources—from medical care to mental health services, nutrition assistance, and more—that can help families navigate the often complex system of support. Our goal is to equip you with the information you need to advocate for and connect families with services that improve their well-being.



With a shared commitment to equity, integrity, and justice, we hope this resource empowers you to make a positive impact on the lives of the children and families you serve. Together, we can create a healthier, more equitable Arizona for all.

Overview: AHCCCS & Health Insurance Marketplace

This manual guides families in accessing health care coverage through [Arizona Health Care Cost Containment System](#) (AHCCCS - Arizona's Medicaid agency) and the Health Insurance Marketplace. Eligibility for AHCCCS programs or Marketplace subsidies depends on family income.

AHCCCS offers various health coverage programs, each with specific income requirements. Completing an AHCCCS application will determine the appropriate program. The Affordable Care Act expanded AHCCCS coverage to higher income levels.

Families with incomes too high for Medicaid might still receive financial assistance for Marketplace health plan premiums. Eligibility for Marketplace premium assistance depends on income and employment benefits.

AHCCCS and the Marketplace have separate application systems. The AHCCCS application system also covers other public benefits like nutrition assistance, each with its own requirements, while the Marketplace system is solely for health insurance.

The Federal Poverty Level (FPL) helps determine eligibility for AHCCCS or subsidized Marketplace plans. The [FPL](#) is updated by the federal government every year and varies by family size.

Arizona Health Care Cost Containment System (AHCCCS) Programs

The [AHCCCS](#) (pronounced “access”) administers the state's public health insurance programs, offering low or no-cost insurance for adults and children.

Key Programs Administered by AHCCCS

- Medicaid: The largest program, providing health insurance to low-income individuals and families.
- KidsCare: Offers health insurance for children in families with incomes up to 225% of the federal poverty level.
- Arizona Long Term Care System (ALTCS) Services: Health insurance for individuals who have an age related and/or physical disability and who require nursing facility level of care.

Program Features

- Coverage: AHCCCS covers a wide range of services, ensuring cost-effective, quality care for over a million Arizonans.
- Eligibility: Coverage is available to low-income individuals and families who meet specific federal and state criteria. Eligibility is determined based on income guidelines relative to the [Federal Poverty Level](#) (FPL).
- Costs: Some members may need to pay a monthly premium or small co-payments.

Characteristics of Arizonans Who May Be Eligible for AHCCCS

- Child under 19
- Parent of minor child
- Pregnant woman
- Individual 65 years of age or older
- Individual with a disability
- Blind individual
- Low-income adult
- Former foster youth to age 26

How does an AHCCCS Health Plan Work?

AHCCCS contracts with several health plans to provide covered services, and the health plans work with a variety of providers such as doctors, hospitals, pharmacies, and specialists to provide care. Enrollees choose a health plan that serves their location, and then a primary care doctor that works with that health plan. Patients can see specialists when needed.

AHCCCS pays the health plan a fixed monthly amount, known as a capitation payment, for each enrolled member. This prepaid payment covers all necessary medical services within their network of healthcare providers, who agree to deliver services within the financial limits set by the capitation payment. The health plan covers a wide range of services, such as primary care, hospital care, prescription drugs, behavioral health services, preventive care, and dental care for children. The health plan coordinates care for its members, ensuring they receive appropriate services and follow-up care, including managing referrals to specialists and arranging necessary treatments and procedures.

Arizona Health Care Cost Containment System (AHCCCS) Programs

Members can contact their health plan's customer service with questions about their benefits, services, or coverage, and they can also request interpreter services or accommodations for disabilities if needed. The health plan is "at risk" to deliver services within the capitation payment amount, absorbing any losses if the cost of care exceeds the payment, or retaining the surplus if it is less, thus incentivizing efficient care management.

Applying for AHCCCS

The [Health-e-Arizona Plus](#) application serves as the portal for applying to a range of benefits, including AHCCCS (Arizona's Medicaid program), local health programs, Supplemental Nutrition Assistance Program (SNAP/formerly food stamps), and Cash Assistance benefits. Health-e-Arizona Plus is offered in both English and Spanish. You can apply for AHCCCS at any time of the year.

If you need help applying for AHCCCS Health Insurance, Nutrition Assistance (SNAP), or TANF Cash Assistance using Health-e-Arizona Plus, you can contact a Community Assistor - community partner organizations throughout the state. Find a Community Assistor near you using this [tool](#), or find help through [Cover Arizona](#).

You can also download a [printable application](#) for AHCCCS. You can use one application to apply for AHCCCS Medical Assistance for everyone in your household.

American Indian Health Program

American Indians and Alaska Natives (AI/AN) who are members of a federally-recognized Tribe who qualify for AHCCCS have the freedom to choose between an AHCCCS Complete Care (ACC) Health Plan, and a Fee-for-Service (FFS) health plan. The FFS health plan run by AHCCCS is called the [American Indian Health Program \(AIHP\)](#). The Balanced Budget Act of 1997 allows AI/AN individuals this flexibility, and AI/AN individuals can change their enrollment at any time between the ACC Health Plan of their choice and AIHP. However, changes between ACC Health Plans can only occur on their annual anniversary date.

Members enrolled in AIHP can receive their healthcare from any healthcare provider who is registered with AHCCCS, and this includes receiving care through the Indian Health Service (IHS), Tribally-Operated 638 Programs, and Urban Indian Health Programs ([ITUs](#)) located throughout Arizona. Healthcare claims are then sent directly to AHCCCS. This allows AI/AN individuals enrolled in AIHP greater network flexibility; however, AIHP does not have traditional case management in the same way that ACC health plans offer. To receive case management under AIHP, AI/AN individuals have the option to co-enroll with an American Indian Medical Home (AIMH) or with a Tribal Regional Behavioral Health Authority (TRBHA). The benefits offered to AI/AN individuals, whether they are enrolled in AIHP or an ACC Health Plan, are the same as for any other AHCCCS-enrolled member.



Arizona Health Care Cost Containment System (AHCCCS) Programs

Choosing an AHCCCS Health Plan

When applying for AHCCCS, individuals must select a health plan that serves their county, except for a few zip codes that cross county lines, which are noted on the application form. All AHCCCS health plans provide the same range of services, but there are differences, such as the providers they contract with. Therefore, it is beneficial for applicants to research the different health plans available to them before making a choice. Applicants should select an AHCCCS health plan during the application process, as changes between AHCCCS plans are limited to the annual anniversary date.

Available Health Plans by county are below and can be found [here](#).

AHCCCS Health Plans (2025)

<u>Arizona Complete Health - Complete Care Plan</u>	Maricopa; Gila; Pinal, excluding ZIP codes 85542, 85192, and 85550; Cochise; Graham; Greenlee; La Paz; Pima; Santa Cruz; Yuma; Apache; Coconino; Mohave; Navajo; Yavapai; ZIP codes 85542, 85192, and 85550
<u>Banner-University Family Care</u>	Maricopa; Gila; Pinal, excluding ZIP codes 85542, 85192, and 85550; Cochise; Graham; Greenlee; La Paz; Pima; Santa Cruz; Yuma; ZIP codes 85542, 85192, and 85550
<u>Molina Healthcare</u>	Maricopa; Gila; Pinal, excluding ZIP codes 85542, 85192, and 85550
<u>Mercy Care</u>	Maricopa; Gila; Pinal, excluding ZIP codes 85542, 85192, and 85550
<u>Blue Cross Blue Shield of Arizona Health Choice</u>	Apache; Coconino; Mohave; Navajo; Yavapai; Maricopa; Gila; Pinal, excluding ZIP codes 85542, 85192, and 85550
<u>UnitedHealthcare Community Plan</u>	Maricopa; Gila; Pinal, excluding ZIP codes 85542, 85192, and 85550; Cochise; Graham; Greenlee; La Paz; Pima; Santa Cruz; Yuma; ZIP codes 85542, 85192, and 85550

Choosing a Primary Doctor

Each member must choose a primary doctor or one will be assigned.

The health plan sends new enrollees a list of available primary doctors. The person may change primary doctors by calling their health plan's member service or customer service department. Information on individual physicians (education, training, regulatory actions taken against them) can be found at the state licensing boards.

[Arizona Medical Board](#)

[Arizona Board of Osteopathic Examiners](#)



Arizona Health Care Cost Containment System (AHCCCS) Programs

What Does AHCCCS Health Insurance Cost?

Some people who get AHCCCS are asked to pay [copays](#) for some medical services they receive. A copayment can be mandatory or optional. Some people are services are exempt from copays.

The amount of total copays can not be more than 5% of the family's total income during a calendar quarter (January-March, April-June, July-September, and October-December). If this 5% limit is reached, no more copays will be charged for the rest of that quarter. AHCCCS has a process to track cost sharing.

AHCCCS Members Who Do NOT Pay Copays:

- People under age 19
- People determined to be Seriously Mentally Ill (SMI) by the Arizona Department of Health Services
- Individuals up through age 20 eligible to receive services from the Children's Rehabilitative Services program
- People who are acute care members and who are residing in nursing homes, or residential facilities such as an Assisted Living Home and only when the acute care member's medical condition would otherwise require hospitalization. The exemption from copays for acute care members is limited to 90 days in a contract year
- People who are enrolled in the Arizona Long Term Care System (ALTCS)
- People who are Qualified Medicare Beneficiaries
- People who receive hospice care
- American Indian members who are active or previous users of the Indian Health Service, tribal health programs operated under P.L. 93-638, or urban Indian health programs
- People in the [Breast & Cervical Cancer Treatment Program](#)
- People receiving child welfare services under Title IV-B on the basis of being a child in foster care or receiving adoption or foster care assistance under Title IV-E regardless of age.
- People who are pregnant and throughout the postpartum period following the pregnancy
- People in the Adult Group (for a limited time*)

For these services, copays are not charged for anyone:

- Hospitalizations
- Emergency services
- Family planning services and supplies
- Pregnancy related health care
- Well visits and preventive services such as pap smears, colonoscopies, and immunizations
- Services paid on a fee-for-service basis

Arizona Health Care Cost Containment System (AHCCCS) Programs

Arizona Long Term Care System ([ALTCS](#)) Services

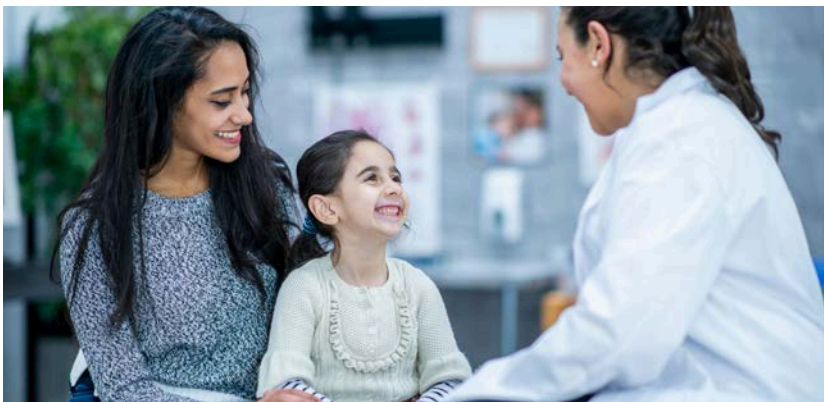
[ALTCS](#) is health insurance for individuals who have an age related and/or physical disability and who require nursing facility level of care. Services may be provided in an institution or in a home or community-based setting, such as:

- Home health nurse and/or aide
- Homemaker
- Personal and/or respite care
- Attendant care
- Transportation
- Adult day health
- Home delivered meals
- Developmentally disabled day care
- Nursing facility
- Intermediate care facility for intellectual disability and related conditions
- Hospice
- Behavioral health services

For more information about ALTCS, please see the related section under [Children with Special Health Care Needs](#).

KidsCare

[KidsCare](#) is Arizona's Children's Health Insurance Program (CHIP). AHCCCS offers health insurance through KidsCare for eligible children (under age 19) who are not eligible for other AHCCCS health insurance. If a child's family income is too high for AHCCCS Health Insurance, the child may qualify for KidsCare at a low monthly premium.



You can apply for KidsCare using the The [Health-e-Arizona Plus](#) application. A child may qualify for KidsCare if the applicant is:

- Arizona resident
- Under age 19
- United States citizen
- Qualified immigrant (*potential changes pending)
- Has a Social Security number or applies for one
 - To apply for a Social Security number visit the [U.S. Social Security Administration](#)
 - Make a copy of the form submitted as confirmation of applying for a Social Security Number
- Under the income limit
- Not currently covered by other health insurance
- Does not qualify for coverage as a state agency employee or their dependents
- Not eligible to receive AHCCCS (Medicaid) coverage

Health Insurance Marketplace

The Health Insurance Marketplace (“Marketplace”) was launched in 2013 as part of the Affordable Care Act. The Marketplace offers a way for individuals and families to find affordable, quality health coverage. A single Marketplace application allows you to see if you qualify for lower healthcare insurance costs based on your income, compare coverage options side-by-side, and enroll. Income-based tax credits and cost-sharing reductions may be available to help offset premiums and reduce out-of-pocket health costs.

Categories of Marketplace Insurance Plans

There are five categories of Marketplace insurance plans: Bronze, Silver, Gold, Platinum, and Catastrophic. All categories offer the same essential health benefits but differ in cost-sharing structures. The category you choose affects your monthly premium, the portion of the bill you pay for services like hospital visits or prescription medications, and your deductible and total out-of-pocket costs for the year.

When selecting a health plan, consider both the premium cost and the cost-sharing details, including co-payments, deductibles, and coinsurance. A plan with lower monthly premiums might lead to higher overall costs when accessing health care. Only Bronze plans or higher qualify for tax credits to offset premium costs, and cost-sharing reductions apply only to Silver plans.

Additionally, verify that the health insurance plan covers your preferred providers. Using providers outside the plan's network can lead to significant additional costs.

Ways to Apply to the Health Insurance Marketplace

Apply online at [Healthcare.gov](https://www.healthcare.gov).

Call the Marketplace at (800) 318-2596.

Work with an assister or licensed agent/broker to help you understand your options and answer your questions.

To find a local, trained assister visit:

- [coveraz.org](https://www.coveraz.org) or call (800) 377-3536
- [localhelp.healthcare.gov](https://www.localhelp.healthcare.gov)



Health Insurance Marketplace

Essential Health Benefits Package

All Marketplace plans under the Affordable Care Act (ACA) are required to provide essential health benefits. For Arizona, the essential health benefit benchmark is based on the State employee plan. The ACA mandates that every health plan in the Marketplace include a package of [essential health benefits](#) covering the following ten broad categories of care:

1. Ambulatory patient services
2. Emergency services
3. Hospitalization
4. Pregnancy, maternity and newborn care
5. Mental health and substance use disorder services
6. Prescription drugs
7. Rehabilitative and habilitative services and devices
8. Laboratory services
9. Preventive and wellness services and chronic disease management
10. Pediatric services, including oral and vision care

Enrollment Periods

Normally, you can only apply for Marketplace insurance during a specific time frame each year known as the Open Enrollment period. The dates for [Open Enrollment](#) can vary each year. After the Open Enrollment period ends, you generally cannot apply for coverage unless you qualify for a [Special Enrollment Period](#) due to a big life event like marriage, divorce, loss of a job or a new baby.

Qualified Health Plans Offered on the Marketplace

Health plans that are officially registered with the Marketplace are also known as Qualified Health Plans. There are a variety of plans offered by several insurers in Arizona. Every year, health insurers will review the plans offered on the Marketplace and consider changes. Qualified Dental Plans are also available for purchase on the Marketplace as stand-alone options, with hundreds of options from several different insurers to select from.

Medical and Dental Qualified Health Plans for Plan Year 2025 are linked on [page 13](#). Find the most current information about medical and dental plans offered in your county at: [healthcare.gov](https://www.healthcare.gov) or [Arizona Department of Insurance and Financial Institutions](#).

Visit [Cover Arizona](#) for more details on qualified health plan formularies and county specific options.



Health Insurance Marketplace

Arizona's Qualified Health Plans - Medical - Plan Year 2025 (see below for link to future plans)

Qualified Health Plan	Counties Where Options Available
Arizona Complete Health (HMO)	Cochise, Coconino, Gila, Graham, Greenlee, Maricopa, Pinal, Pima, Santa Cruz
Antidote Health Plan of Arizona Inc. (HMO)	Maricopa, Pima
Banner Health and Aetna Health Plan Inc. (HMO)	Cochise, Coconino, Gila, Maricopa, Pima, Pinal, Yuma
Blue Cross Blue Shield of AZ (HMO & PPO)	Statewide
Cigna Healthcare of AZ (HMO)	Maricopa, Yavapai
Imperial Insurance Companies, Inc. (HMO)	Gila, Maricopa, Pima, Pinal, Santa Cruz, Yavapai, Yuma
Oscar Health Plan, Inc. (HMO)	Maricopa, Pima, Pinal, Santa Cruz
UnitedHealthcare of Arizona, Inc. (HMO)	Gila, La Paz, Maricopa, Mohave, Pima, Pinal

Arizona's Qualified Health Plans - Dental - Plan Year 2025 (see below for link to future plans)

Qualified Dental Plan	Counties Where Options Available
BEST Life	Statewide
Cigna Healthcare	Statewide
Delta Dental of Arizona	Statewide
DentaQuest Insurance Company, Inc.	Statewide
EMI Health	Statewide
Guardian	Statewide
Humana	Statewide
Solstice Healthplans of Arizona, Inc.	Coconino, Maricopa, Pima, Pinal, Yavapai, Yuma
TruAssure Insurance Company	Statewide
UnitedHealthcare	Cochise, Coconino, Gila, Graham, Maricopa, Mohave, Navajo, Pima, Pinal, Yavapai, Yuma

Find the most current information about medical and dental plans offered in your county at: healthcare.gov or [Arizona Department of Insurance and Financial Institutions](#).

Arizona Department of Economic Security (DES)

The Arizona Department of Economic Security (DES) is divided into several different divisions that provide a variety of services such as:

Basic Needs

- [Adult Protective Services \(APS\)](#)
- [Food Assistance](#)
- [Medical Assistance](#)
- [Refugee Resettlement](#)
- [Shelter and Housing](#)
- [Homelessness](#)
- [Domestic Violence Support](#)
- [Sexual Violence Support](#)
- [Utility Assistance](#)

Child and Family

- [Cash Assistance](#)
- [Child Care](#)
- [Child Support Services](#)
- [Short Term Crisis Services](#)
- [Community Resources](#)

Employment

- [Find Employment](#)
- [Reentry Services](#)
- [Apprenticeship Program](#)
- [Unemployment Benefits](#)
- [Working with a Disability](#)
- [Employment Service/Related Law Complaint](#)
- [Senior Community Service Employment Program](#)
- [Veterans](#)
- [Workforce Innovation and Opportunity Act](#)

Disabilities

- [Developmental Disabilities](#)
- [Early Intervention](#)
- [Achieving a Better Life Experience](#)
- [Rehabilitation for a Disability](#)



AZ DES provides financial assistance and/or nutrition assistance to eligible applicants and determines eligibility to receive medical benefits from the Arizona Health Care Cost Containment System (AHCCCS). DES provides one application that can be used to apply for cash assistance, nutrition assistance and AHCCCS Health Insurance. The application can be downloaded [here](#) or obtained from your local DES Family Assistance office. Apply for benefits [online](#), or find the DES Office closest to you [here](#).

Community Health Centers

Community Health Centers (CHCs) are nonprofit organizations that provide primary care services to any person regardless of whether they have insurance, Medicaid, or no insurance. Also referred to as Federally Qualified Health Centers (FQHCs), these clinics form the largest primary healthcare system in the U.S., offering comprehensive, patient-centered care in underserved urban and rural areas.

CHCs provide a range of services, including primary care, pediatrics, OB/GYN, behavioral health services, dental care, pharmacies, labs, X-rays, chronic disease management, transportation, and support programs like WIC. CHCs accept both private and public insurance and offer a sliding fee scale based on income. They also help people determine eligibility for health coverage (such as AHCCCS and KidsCare) or other benefits.

Locations

Find a Community Health Center near you to contact for an appointment by using the [Arizona Alliance for Community Health Centers](#) or [HRSA Find a Health Center](#) search tools. You can also search for an [Arizona Sliding Fee Schedule Clinic](#), which includes CHCs as well as other clinics that offer income-based sliding fee discounts.

American Indian/Alaska Native Health Care

The [Indian Health Service](#) is the health care system for [federally recognized American Indian and Alaska Natives](#) in the United States. AI/AN may be able to receive care through the Indian Health Service (IHS), Tribally-Operated 638 Programs, and Urban Indian Health Programs ([ITUs](#)) located throughout Arizona.

Specific questions about getting health care should be discussed with the tribe you belong to and the health facility which you are looking to get care from. You may be able to get care at other tribally-run health facilities based on a Tribe's agreement with IHS. You will have to contact these tribal health facilities individually regarding health care being provided to a non-affiliated tribal member.

To view a comprehensive map of all the IHS healthcare facilities, go to our [Find Health Care website](#) and search for a facility in your area.

Family Planning

With Title X funding, [Affirm](#) coordinates sexual and reproductive healthcare services, connects clients to caring providers, and offers inclusive health education. Funds are distributed to health centers that provide sexual and reproductive healthcare and other preventative services. Use this [tool](#) to find a health center that offers sexual and reproductive healthcare at low or no cost (including birth control, condoms, STI testing and treatment, preventative cancer screenings) and/or an *Adolescent Champion Site* which offers adolescent-friendly primary care services.



The AZ Department of Health Services' [Reproductive Health/Family Planning Program](#) is a statewide, clinic-based program that provides comprehensive reproductive health services to promote optimal health in Arizona's women.



Behavioral Health Resources

What are Behavioral Health Services?

Behavioral Health Services provide comprehensive support to individuals facing a wide range of challenges, from everyday stress to more serious mental health issues, including:

- Treatment Services: Counseling, therapy, assessments, evaluations, and screenings.
- Rehabilitation Services: Pre-job training, psychosocial rehabilitation, and living skills development.
- Medical Services: Medication management, lab work, radiology, and other medical support.
- Support Services: Case management, personal care, therapeutic foster care, and peer support.
- Crisis Intervention Services: Crisis stabilization, mobile crisis teams, and immediate response.
- Inpatient Services: Hospitalization and residential treatment centers.
- Residential Services: Both short-term and long-term residential treatment options.
- Behavioral Health Day Programs: Supervised therapeutic or psychiatric day programs.
- Prevention Services: Health promotion, referral services, and outreach programs.

Behavioral isn't just for those experiencing depression; it's also for managing the stresses of daily life. Below are some valuable community resources to locate behavioral health care providers:

- Find a [Community Health Center](#) that provides behavioral health services.
- Find a [Sliding Fee Scale Clinic](#) that provides behavioral health services.
- Search nationally for [treatment facilities](#).
- Get general information and referrals from [MIKID](#) (Youth and Child Mental Health Services), [National Alliance on Mental Illness of Arizona](#), or [SAMHSA](#).

Behavioral Health Services through AHCCCS

Most AHCCCS members receive all behavioral health services through their chosen AHCCCS Complete Care plan, including mental health counseling, psychiatric and psychologist services, and [Opioid Use Disorder Treatment](#).

AHCCCS has [determination criteria](#) for children with Serious Emotional Disturbance (SED) - mental, behavioral, or emotional disorders that interfere with or limit a child's ability to function with their family, at school, or in community activities.

Individuals determined to have a Serious Mental Illness (SMI) are served by AHCCCS [Regional Behavioral Health Agreements \(ACC-RBHAs\)](#) and [Tribal Regional Behavioral Health Authorities \(TRBHAs\)](#).

Behavioral Health Resources and Support

Agencies that provide information and referral on a variety of behavioral health issues:

- [Depression and Bipolar Support Alliance](#)
- [National Institute of Mental Health Anxiety Disorders](#)
- [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)
- [Mental Health America](#)
- [Anxiety & Depression Association of America](#)
- [National Alliance on Mental Illness](#)

Organizations that maintain lists of support groups across the state:

- [NAMI Arizona](#)
- [Psychology Today](#)
- [Findhelp.org](#)
- [Depression and Bipolar Support Alliance](#)
- [Mental Health Arizona](#) (peer support groups)

Behavioral Health Resources

Crisis Services and Hotlines: If a person's behavioral health poses a risk to their life or others, professional help should be sought immediately. For mental health emergencies, reach out to a Crisis Line with trained crisis staff that are available 24 hours a day, seven days a week. Crisis lines are free, confidential, and open to anyone.

- [National 988 Suicide & Crisis Lifeline](#): Call 988, Text 988, or [Chat](#)
- [National Substance Use and Disorder Issues Referral and Treatment Hotline](#): 1-800-662-HELP (4357)
- [Arizona Statewide Crisis Hotline](#): Call 1-844-534-HOPE (4673), Text 4HOPE (44673), or [Chat](#)

Warm Line: For non-emergency support situations, contact the [Warm Line's](#) trained peer support specialists who are available 24/7. Call 602-347-1100.

Youth Specific Crisis Hotline: [Teen Lifeline](#); call or text 602-248-TEEN (8336)

Veterans Crisis Hotline: [Be Connected](#); Call 1-866-4AZ-VETS (429-8387). Or call 988, and press 1.

AHCCCS has a [comprehensive list](#) of Crisis Hotlines by County and Tribal Nation

Substance Abuse Resources

[AHCCCS](#) has an online tool to find **opioid use disorder services** in Arizona.

[Arizona Opioid Assistance and Referral Line](#) (OARLine) is a free, confidential hotline in which local medical experts offer patients, providers, and family members opioid information, resources and referral 24/7. Call 1-888-688-4222.

[Dump the Drugs AZ](#) - Drug disposal location tool for unneeded or expired prescription medication.

SAMHSA's [Findtreatment.gov](#) has a Behavioral Health and Substance Abuse Treatment Locator Tool.

[Sonoran Prevention Works](#) has a tool to find free naloxone (Narcan) at community locations in Arizona.

Domestic Violence Resources

If you are in immediate danger call 911

For information on resources in your community visit:

- [Arizona Coalition to End Sexual and Domestic Violence](#) (ACESDV)
- [National Domestic Violence Hotline](#)
- [Arizona Department of Health Services Domestic Violence Services](#) (includes links to statewide and regional resources)
- [Arizona DES - Adult Protective Services](#)
- [Sojourner Center](#)



Dental Health

Oral health services are available through community programs and agencies, including AHCCCS. Children enrolled in AHCCCS receive [dental care](#) through contracted health plans. Adults can receive emergency dental care for certain [services](#). [KidsCare](#) also covers both routine and emergency dental care for children under 19 years of age.

Marketplace health plans may not include dental coverage, so check if it's included or consider purchasing a stand-alone dental plan, which is not subsidy-eligible.

Find a Dentist

The American Dental Association has a tool to [Find A Dentist](#) near you. Your search may include specific criteria like, language, financing, or weekend hours. You can search for a [Community Health Center](#) or [Sliding Fee Scale Clinic](#) near you that offers dental health services. The Arizona Department of Health Services also maintains a list of [Community Dental Clinics](#). For those who live on tribal lands, use this [Indian Health Service tool](#) to find dentists and other providers.

Statewide Oral Health Programs

The Arizona Department of Health Services Office of Oral Health promotes oral health for the well-being of all Arizona residents through several initiatives.



[Cavity Free AZ - Arizona Dental Sealant Program](#)

Dental sealants are tooth-colored coatings applied to the biting surfaces of back teeth to prevent decay by blocking food and bacteria from entering grooves where cavities commonly form. Program participants receive sealants on their permanent molars using portable dental equipment set up at the school. School-based dental sealant delivery programs provide sealants to 2nd and 6th grade children unlikely to receive them otherwise.

[Arizona Fluoride Varnish Program](#)

The Arizona Fluoride Varnish Program offers free oral health prevention services for children aged 0 to 5. During a quick 5 minute visit, a dental provider examines the child's teeth and applies fluoride varnish if needed, which helps strengthen teeth and prevent decay. Check [First Things First](#) (FTF) to see if it is offered in your region.

[Silver Diamine Fluoride \(SDF\) Programs](#)

Silver diamine fluoride (SDF) is a liquid that is painted on the tooth to stop existing cavities from getting larger/deeper. It kills bacteria and prevents future cavities. It is safe and painless, with no numbing shots or drilling needed. SDF is provided free of charge in some schools as part of the Cavity Free AZ program, as well as in preschools and other settings for children zero to five years old. To learn more about SDF programs in your area and how to participate, call 602-542-1866.

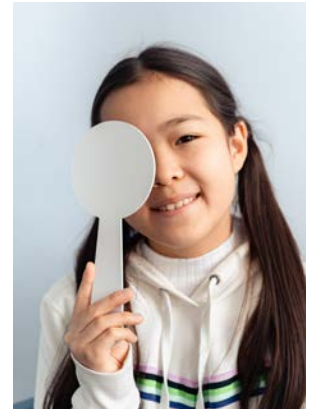
Vision Health

[Arizona Lions Vision & Hearing Foundation](#) provides assistance with eye examinations, eye surgery and eye glasses.

American Academy of Pediatrics - Arizona Chapter, [Medical Services Project](#) provides, at a low cost to their families, health-related services for school-aged children including pediatric primary care and specialty referrals, prescription medication, diagnostic laboratory services and eyeglasses.

[Eye Care 4 Kids - Arizona](#) provides free eye exams, glasses, and contacts to underprivileged children.

[Eyes on Learning](#) is an Arizona-based coalition dedicated to making sure that children with vision problems are identified early and receive an eye exam and follow-up treatment to achieve better vision health.



Immunizations

For general information about immunizations, visit [TAPI](#), the Arizona Partnership for Immunization. To find out if your child's shots are up to date, check with your child's doctor, a school nurse, or your county health department. Or, you can access and print your child's immunization records yourself by registering through the Arizona Department of Health Services [MyIR Mobile](#). The American Academy of Pediatricians currently recommends this [vaccine schedule](#).

Maricopa County: [Maricopa County Department of Public Health](#) (MCDPH) operates four childhood immunization clinics for children, from newborn through 18 years. Locations and hours are listed on the website. For appointments or to ask questions regarding whether your child's shots are up to date, call the CARES Team at 602-506-6767.

Pima County: [Pima County Health Department](#) offers immunizations for children via appointment and walk-in services at three clinics. Visit the website for locations and hours.

Other Counties: Check with your physician, your health plan, your community health center or your county health department. A list of County Health Department contact information is available [here](#).

American Indian Individuals and Families: Immunizations are available through Indian Health Service (IHS), Tribally-Operated 638 Programs, and Urban Indian Health Programs ([ITUs](#)) located throughout Arizona

Flu Clinics

Flu clinics are established statewide during flu season. You can find a flu shot clinic near you through this [vaccine locator tool](#).

For more information about influenza (flu), visit the [Arizona Department of Health Services](#) website.



Birth and Early Childhood Resources

Arizona WIC Programs

WIC is a federally funded program offering free nutritious food, nutrition education, and referrals to eligible Arizona residents. Participants include pregnant, breastfeeding, and postpartum women, as well as infants and children under 5 who meet income and nutritional needs criteria. There are three WIC programs in Arizona:

- [Arizona WIC](#)
- [Inter Tribal Council of Arizona, Inc WIC](#)
- [Navajo Nation WIC](#)

Services:

- Nutrition education sessions
- Breastfeeding support and education
- One-on-one nutritional counseling
- Referrals to social services and health care

WIC Eligibility:

- Pregnant, postpartum, or breastfeeding women; infants; or children under 5
- Income at or below 185% of the Federal Poverty Level
- Must be at nutritional risk (assessed at enrollment)
- Arizona residency required

Arizona Baby Safe Haven

The [Arizona Safe Baby Haven Foundation](#) promotes Safe Haven education and awareness on the existing Safe Haven Law in Arizona to prevent the illegal abandonment of infants across the state. In 2001, the state of Arizona enacted the statewide Safe Haven Law allowing the legal and anonymous relinquishment of an unharmed infant, up to 30 days after birth, to a designated Safe Haven location.

Birth to Five Helpline

The toll-free [Birth to Five Helpline](#) offers support for a wide range of family concerns about children, including health, development, nutrition, sleep, safety, and school readiness. Staffed by professionals such as developmental specialists, nurses, and mental health counselors, the Helpline is available Monday – Friday, 8 am – 8 pm at **(877) 705-KIDS (5437)**. You can also download a Birth to Five Helpline app on the website.

First Things First

[First Things First](#) works to enhance the quality and accessibility of early childhood development and health systems, ensuring that children enter school healthy and ready to succeed. The organization focuses on improving the lives of children from birth to age five, supporting families in preparing their children for lifelong success and well-being.



Birth and Early Childhood Resources

Child Abuse and Neglect

A report of suspected child abuse, neglect, exploitation or abandonment is a responsible attempt to protect a child. Children often tell a person with whom they feel safe about abuse or neglect. If a child tells you of such experiences, act to protect that child by filing a report with the [Arizona Department of Child Safety](#).

To Report Child Abuse or Neglect Call: (888) 767-2445

In an immediate emergency call 911

Head Start

[Head Start](#) is a federally funded child and family development program for low-income families and families whose children have disabilities or other special needs. Head Start serves children from 3-5-years-old, with priority given to 4-year-olds who will enter kindergarten the following year. Assistance is provided through five service components: education, health, nutrition, social services, and parental involvement. Through these five service components, children may receive individualized learning experiences, physical examinations, immunizations, hot meals and more.

The Arizona Head Start Association website has helpful information to [Find Your Head Start](#). Or check out regional and special population Head Start Programs through the links below.

- [Maricopa County Head Start Program](#)
- [Pinal Gila Head Start Program](#)
- [Northern Arizona Council of Governments Head Start Program](#)
- [Western Arizona Council of Governments Head Start Program](#)
- [Child-Parent Centers, Inc](#)
- [Migrant Head Start](#) - children, 0-5 years, of migrant and seasonal worker families.
- [American Indian Alaskan Native Head Start](#) - children, 0-5 years of age, from these populations.



Child Care Resource and Referral

The [Arizona Child Care Resource and Referral](#) (CCR&R) is a free community service that matches parents seeking child care with child care resources. CCR&R also provides training and technical assistance to child care providers.

Maternal, Infant and Early Childhood Home Visiting Program (MIECHV)

The Arizona Department of Health Services' [MIECHV](#) program connects expecting parents and parents of young children with a trained support person. Participation is free and voluntary, and families receive regular support and coaching in the comfort of their own home.



Birth and Early Childhood Resources

Strong Families AZ

[Strong Families AZ](#) is a network of free home visiting programs that helps families raise healthy children ready to succeed in school and in life. Home visiting provides families the opportunity to take part in parent education programs within the comforts of their own home. Program involvement for families is completely free and participation is voluntary. These [programs](#) include:

[Arizona Health Start](#) provides support to pregnant individuals or parents with children under 2 through home visits, connecting families with local healthcare, education, and parenting resources. The program is community-based, with home visitors who understand the unique needs and culture of the families they serve.

[Early Head Start](#) serves pregnant individuals and families with children under 5, providing tailored support through various program options, including home visits and center-based care. The program focuses on helping low-income families achieve self-sufficiency and prepares children for academic success

[South Phoenix Healthy Start](#) is a federally funded program for pregnant individuals or parents with children under 2. It aims to improve infant survival rates by offering community-based family support services.

[Healthy Families Arizona](#) offers free home visits to help parents with infants under 3 months old to navigate the challenges of new parenthood. Home visitors provide personalized support and connect families with necessary services.

[Nurse-Family Partnership](#) supports first-time parents who are less than 28 weeks pregnant by connecting them with a nurse home visitor. The program offers guidance on how to best care for their child, helping new parents overcome challenges and gain confidence.

[Parents As Teachers](#) empowers families with children under 5 by providing resources and guidance on early childhood development. Home visitors work with parents to strengthen their relationship with their child and prepare them for future academic success.

[Family Spirit Program](#) is designed for Native American families, offering culturally tailored home visits from pregnancy through three years postpartum. The program helps parents support their child's development across physical, cognitive, social-emotional, and language domains.

[High Risk Perinatal Program](#) provides statewide services to families with newborns who have been in intensive care, aiming to reduce maternal and infant mortality through comprehensive support.

[SafeCare](#) offers home visits to families with children under 5, focusing on parent-child interaction, health, and home safety. The program uses the nationally recognized SafeCare model to help parents build and strengthen essential skills.

[Maternal Early Childhood Sustained Home-visiting \(MECSH\)](#) serves pregnant individuals and parents with children up to age 3, offering home visits that connect families with resources and help them set and achieve personal goals. The program supports the entire family, focusing on long-term well-being.

Youth and Young Adults

Young Adult Transitional Insurance

The [Young Adult Transitional Insurance Program](#) covers young adults from the age of 18 through their 26th birthday who were in DES Foster Care when they turned 18. Applicants must be US Citizens or Qualified Immigrants, Arizona residents and have a Social Security number.

Youth Community Resources

The Arizona Department of Health Services hosts a youth-centered [Youth Community Resources](#) website, providing links by county to a range of health and human services resources.

Adolescent-Friendly Care

The [Arizona Alliance for Adolescent Health](#) links to a variety of resources for healthy youth and has a tool to locate adolescent-friendly primary care providers.

Behavioral Health for Youth Transitioning to Adulthood

[AHCCCS](#) provides information that will assist in planning behavioral health services for teens as they move into adulthood, as well as a variety of other resources links for transition-age youth.



Education and Training

Workforce Development

[Arizona at Work](#) is a statewide workforce development network that provides services and resources to pursue employment opportunities.

Arizona Community Colleges

Connected through shared goals of access and service, Arizona's community colleges assure open admissions and affordable tuition as a common mission. A list of community colleges throughout AZ can be found on the [ACC website](#).

Services for Children with Special Health Care Needs

Arizona Early Intervention Program

[The Arizona Early Intervention Program](#) (AzEIP) is run by the Department of Economic Security (DES). The AzEIP serves children from birth to 36 months who are developmentally delayed or have a condition likely to cause developmental delays. A child is considered developmentally delayed if a professional evaluation that includes parental input determines they have not reached 50% of the expected milestones for their age in one or more of the following areas:

- Physical (fine/gross motor, sensory)
- Cognitive/adaptive
- Language/communication
- Social/emotional
- Self-help/adaptive

Children found eligible for AzEIP may receive the following services:

- An assessment of physical parameters
- Developmental evaluation and/or discipline specific evaluation
- Initiation of the identification of family resources, priorities and concerns
- Parent education and support
- Assistance with referrals for community-based services
- A written developmental report
- Multidisciplinary case conferences as indicated
- Transportation assistance to families having financial or transportation difficulties
- Developmental evaluations completed in the home by clinic staff
- Nutrition and social service evaluations
- Provision of bilingual services when needed
- Communication of the team findings regarding the child's developmental strengths, needs, medical issues, and eligibility to parents, primary care providers and any other team members the family identifies

To find a AzEIP Service Providing Agency near you visit the [AzEIP location page](#) and enter your zip code.





Services for Children with Special Health Care Needs

Division of Developmental Disabilities (DDD)

The [Division of Developmental Disabilities](#) (DDD) within DES offers support and services to eligible Arizona residents with developmental disabilities. DDD coordinates resources through a central office, several district offices, and over multiple local offices across the state. Visit the [website](#) to learn more about eligibility criteria and the application process.

An Arizona resident may be eligible for DDD services if they have a chronic disability that began before age 18, with diagnoses such as:

- Cognitive disability
- Cerebral palsy
- Down Syndrome
- Epilepsy
- Autism

The disability must also cause significant limitations in three or more major life activities, such as:

- Self-care: Eating, hygiene, bathing
- Communication: Receptive and expressive language
- Learning: Acquiring and processing new information
- Mobility: Moving from place to place
- Self-direction: Managing finances, protecting self-interest, making independent decisions
- Independent living: Ability to live on one's own
- Economic self-sufficiency: Financial independence

Children under six years old may be eligible if they show a strong likelihood of having a developmental disability. Any child from birth to 36 months who is developmentally delayed or has a condition likely to cause a delay may also qualify. Developmental delay is defined as not reaching 50% of expected milestones in areas such as:

- Physical
- Cognitive
- Language/communication
- Social/emotional
- Adaptive self-help

Children's Rehabilitative Services

[Children's Rehabilitative Services](#) (CRS), is a designation given to AHCCCS members who have certain [health conditions](#) and are not enrolled in DES/DDD. CRS designated members get the same physical and behavioral health care services as other AHCCCS members, as well as other services related to their CRS condition. They may also use special clinics called Multi-Specialty Interdisciplinary Clinics (MSIC). MSICs bring many specialty providers together in one location. They provide family-centered, coordinated care to meet the complex needs of children in the CRS program.

Social Security Benefits

Children under 18 and adults with disabilities and limited income or resources, or who come from low-income households, may qualify for [Supplemental Security Income \(SSI\) benefits](#).

Services for Children with Special Health Care Needs

Arizona Long Term Care System (ALTCS)

[Arizona Long Term Care System \(ALTCS\)](#) is an AHCCCS program that offers services for individuals who require the level of care provided in an Intermediate Care Facility for individuals with intellectual disabilities (ICF-IID). Those who qualify **do not** have to reside in an ICF-IID. Most ALTCS-DD members live in their own homes or in other community settings and receive needed services there. Individuals eligible for DDD services may also qualify for ALTCS.

ALTCS Services Include:

- Attendant Care
- Day Treatment and Training
- Employment Support Services
- Habilitation
- Home Health Aide
- Home Nursing
- Respiratory Therapy
- Respite Care
- Occupational, Physical, and Speech Therapies
- Non-emergency Transportation

Once a child is approved for ALTCS, they are assigned a support coordinator who meets regularly with the parent/guardian to discuss needed services, make referrals and check on progress.

Arizona Department of Education Programs and Services

The Arizona Department of Education (ADE) [Exceptional Student Services](#) (ESS) ensures that eligible children and youth with disabilities receive a free and appropriate public education.

[AZ Find](#) is a component of the Individuals with Disabilities Education Act (IDEA '04) that requires Public Education Agencies (including school districts and charter schools) to locate, identify, and evaluate all children with disabilities, aged birth through 21. Even parents of young children (birth – 5 years) can contact their local school, school district or [AZ Find](#) to have their child evaluated and screened. If eligible, the [Arizona Early Intervention Program](#) (AzEIP) or a public school system will offer early intervention or special education services according to the child's needs.

[ADE Special Education Resources for Parents and Families](#) provides parents with information so they can actively participate in their child's special education.

[Early Childhood Special Education](#) ensures quality educational services for children with disabilities aged 3-5 years. If you suspect a child has a developmental delay or learning difficulty that could impact their education, contact your [local school district](#) to evaluate eligibility for early childhood special education services.



Services for Children with Special Health Care Needs

Other Resources for Children and Youth with Special Health Care Needs

[Family Voices](#) is a family-led organization that transforms systems of care to work better for all children and youth, especially those with special health care needs or disabilities.

[Encircle Families](#) (formerly Raising Special Kids) is the Family Voices State Affiliate organization in Arizona, as well as Arizona's [Parent Training and Information Center](#) through the US Department of Education. It exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

[Diverse Ability Incorporated](#) facilitates peer-based leadership and engagement programs and services for Arizona youth and young adults who have disabilities.

Southwest Human Development [Birth to Five Center of Excellence](#) provides integrated care including evaluations and assessments, therapy services, care coordination, and community resources.

[Care 4 the Caregivers](#) seeks to empower caregivers to create a brighter future for themselves and the children they are raising, through resources, education and advocacy.

[Arizona State School for the Deaf and the Blind \(ASDB\)](#) educates children and youth with hearing or vision loss throughout Arizona. ASDB is committed to partnerships with families, school districts, communities, and others that will enable children and youth with hearing or vision loss to succeed now and in the future.

- [Tucson Campus](#)
- [Phoenix Day School for the Deaf](#)
- [Early Learning Program](#)
- [ASDB - AZ Schools for the Deaf and the Blind](#)

[Pre-Employment Transition Service](#) offers career exploration and job readiness services that help students with disabilities prepare for future employment. These services are provided via workshops that are short in duration and related to the following topic areas:

- Job Exploration Counseling;
- Work-Based Learning;
- Counseling on Post-Secondary and Training Opportunities;
- Work Readiness Training; and
- Instruction in Self-Advocacy

[Mercy Care Department of Child Safety Comprehensive Health Plan](#) (Mercy Care DCS CHP) provides children in foster care with medical, dental and behavioral health services from one health plan. Children aging out of the foster care system may be eligible for the [Young Adult Transitional Insurance program](#) through AHCCCS until age 26.

The Arizona Early Intervention Program (AzEIP) maintains a [Community Resource Guide](#).

The Arc Arizona, which advocates for the rights and full community participation of all people with intellectual and developmental disabilities, also has a list of [Resources for Arizonans](#) on their website



Arizona Department of Health Services

The [Arizona Department of Health Services](#) (ADHS) is involved in a wide array of activities designed to promote, protect, and improve the health of Arizona's individuals and communities.

You do not have to be on AHCCCS to be eligible for ADHS Services. ADHS services or programs for children by age include:

0-5 Years Old

- [Newborn Screening](#)
- [Child Health Information & Breastfeeding Hotlines](#)
- [A Safe Ride Home](#)
- [Sensory Screening Program](#)
- [Fluoride Varnish Program](#)
- [Empower Program](#)

6-11 Years Old

- [Arizona School-Based Sealant Program](#)
- [Heat Illness Prevention School Project](#)
- [SunWise™ Skin Cancer Prevention School Program](#)
- [AZ Health Zone](#)
- [SafeKids and Healthy@Home Educational Materials](#)
- [Arizona Immunization Program](#)

12-18 Years Old

- [Heat Illness Prevention School Project](#)
- [Sexual Violence Prevention and Education Program](#)
- [SunWise™ Skin Cancer Prevention School Program](#)
- [Bullying Prevention](#)
- [Tobacco Prevention \(STAND\)](#)
- [Teen Pregnancy Prevention](#)
- [Youth Mental Health](#)

Visit the [ADHS website](#) for additional programs and services offered by the state.

Other organizations that partner with ADHS on child health include:

- [The Arizona Partnership for Immunization \(TAPI\)](#)
- [The EAR Foundation](#)
- [Arizona Chapter of the American Academy of Pediatrics](#)



County Health Departments

County Health Departments offer a variety of low-cost medical services to the public.

Local health departments impact our lives every day



Image source: <https://www.naccho.org/about>

Arizona County Health Departments:

- [Apache County Public Health Services](#)
- [Cochise County Health & Social Services](#)
- [Coconino County Health & Human Services](#)
- [Gila County Health Services](#)
- [Graham County Health Services](#)
- [Greenlee County Health Department](#)
- [La Paz County Health Department](#)
- [Maricopa County Public Health](#)
- [Mohave County Public Health](#)
- [Navajo County Public Health Services](#)
- [Pima County Health Department](#)
- [Pinal County Public Health](#)
- [Santa Cruz County Public Health Services](#)
- [Yavapai County Community Health Services](#)
- [Yuma County Health District](#)

Tribal Health Departments:

- [Gila River Indian Community Department of Public Health](#)
- [Hopi Tribe Health & Human Services](#)
- [Navajo Department of Health](#)
- [Pascua Yaqui Health Services Division](#)
- [Salt River Pima-Maricopa Indian Community Public Health Program](#)
- [San Carlos Apache Tribe Department of Health and Human Services](#)
- [Tohono O'odham Health & Human Services](#)

Examples of services offered by County Health Departments in Arizona include:

- Free or Low-Cost Immunization Services
- Tuberculosis (TB) Testing
- Tobacco Prevention Programs
- Breast and Cervical Cancer Screening
- Lead Poisoning Prevention
- Health Start
- Newborn Intensive Care Programs
- Health Care for the Homeless
- Dental Health Programs
- Family Planning Services
- Prenatal Care Services
- Domestic Violence Programs
- Refugee Programs
- AIDS Drug Assistance Program
- HIV Counseling and Testing
- STD Testing and Education
- Women, Infants and Children (WIC)
- Child Abuse and Neglect Prevention Programs
- Nutrition Programs

Nutrition/Food Assistance

Nutrition Assistance

The [Supplemental Nutrition Assistance Program](#) (SNAP) is administered by the Arizona Department of Economic Security (DES) and provides eligible households with nutrition assistance benefits to help supplement their nutritional diets. SNAP benefits may be used to purchase eligible food products and various other products as approved by the program. To apply for SNAP benefits, visit www.healtharizonaplus.gov.

[Arizona WIC](#) is a federally funded program offering free nutritious food, nutrition education, and referrals to eligible Arizona residents. Participants include pregnant, breastfeeding, and postpartum women, as well as infants and children under 5 who meet income and nutritional needs criteria.

Food Banks

Visit [Arizona Food Bank Network](#) for a comprehensive list of regional food banks and pantries throughout Arizona.



Community Helplines

[211 Arizona](#)

211 Arizona Information and Referral Service operates 24 hours per day, seven days per week and every day of the year. 211 Arizona Information and Referral Service live-operator service is available in English and Spanish and assistance is available in other languages via real-time interpreter services. 211 Arizona operators help individuals and families find resources that are available to them locally, throughout the state.

- Dial 2-1-1 within Arizona, or email or search online through the 211 website.

[Su Familia](#)

The National Hispanic Family Helpline, Su Familia, provides free reliable and confidential health information in Spanish and English to help callers navigate the health system. Staffed by bilingual health promotion advisors who provide basic information on a wide range of health topics.

- Call: (866) SU-FAMILIA OR (866) 783-2645, Monday – Friday 9:00 am- 6:00 pm, EST.

Homeless Services

If you are experiencing a housing crisis and in need of assistance, call *211 or visit the [2-1-1 Arizona](#) website to obtain assistance with locating shelter, affordable housing and limited rent and utility assistance.

Find homeless assistance agencies in your county by visiting -

- For Pima County: [Tucson Pima Coalition to End Homelessness](#)
- For Maricopa County: [Keys to Change](#)
- For all other counties: [Arizona Department of Housing](#)



Legal Aid

Several organizations provide free or discounted legal services for those who meet income and other eligibility requirements. You can search for legal help by county [here](#), or contact one of these organizations directly.

[Arizona Foundation for Legal Services and Education](#)

(Charitable arm of the State Bar of Arizona)

Phoenix - 866-637-5341

[Arizona Senior Citizens Law Project](#)

Legal services for senior citizens in Maricopa County - 602- 252-6710

[Asylum Program of Arizona](#)

Legal services for immigrants seeking asylum in Arizona - 520-261-7888

[Catholic Charities Arizona](#)

Immigration legal services; 855-316-2229

[Catholic Community Services of Southern Arizona](#)

Immigration legal services

Tucson - 520-623-0344

[Community Legal Services](#)

Phoenix/Maricopa County 602-258-3434 or 800-852-9075

Kingman/Mohave and La Paz Counties 928-681-1177 or 800-255-9031

Prescott/Yavapai County 928-445-9240 or 800-233-5114

Yuma/Yuma County 928-782-7511 or 800-424-7962

[Disability Rights Arizona](#)

Provides services statewide.

Phoenix - 602-274-6287 or 800-927-2260

Tucson - 520-327-9547 or 800-922-1447

[DNA - People's Legal Services](#)

Navajo Nation and Hopi Tribe areas - 928-871-4151

[Friendly House](#)

Immigration legal services

Phoenix - 602-416-7200

[Southern Arizona Legal Aid](#)

Nine county service area (Pima, Santa Cruz, Pinal, Cochise, Graham, Greenlee, Navajo, Apache, Gila) -

520-623-9461 or 800-248-6789

[William E. Morris Institute for Justice](#)

Phoenix - 602-252-3432



Gay, Lesbian, Bisexual, Transgender Resources

[One-n-ten](#): LGBTQ youth community center, Phoenix, 602-400-2601

[Eon Youth Lounge, SAAF](#): LGBTQ youth community center, Tucson, 520-628-7223

[AZTYPO](#): Support services for transgender and gender expansive children and families, Mesa - contact@aztypo.org

[Pride Guide Arizona](#) has additional LGBTQ resource listings by region

- [Northern Arizona](#)
- [Phoenix Metro](#)
- [Tucson Metro](#)
- [Southern Arizona](#)

[Phoenix Pride.org](#)

[TransSpectrum Arizona](#) -
Transgender friendly resource guide

[Trans Queer Pueblo](#) -
resources for LGBTQ migrants and people of color



School-Based Health Centers

The [Arizona School-Based Health Alliance](#) is a partnership of organizations and individuals that provides basic, primary health services in school sites throughout Arizona through school-based health centers. School-based health centers provide primary care services such as treatment for acute conditions (like sore throats and earaches), chronic disease management (like asthma), and preventive services (like immunizations, physical examinations, and health education). Some school-based health centers also offer dental services and behavioral health services.

The [Medical Services Project](#) (MSP) is a program of the Arizona Chapter of the American Academy of Pediatrics (AzAAP), through which physicians and other health care professionals statewide donate their services to uninsured children. Based on referrals from school and public health nurses, MSP connects physicians to Arizona's uninsured and underinsured children from low-income families which do not otherwise qualify for health care coverage. The program provides these school-age children access to low-cost health care services such as pediatric primary care and specialty referrals, prescription medication, diagnostic laboratory services and eyeglasses.

For enrollment information, contact your school nurse. For general information, contact MSP at 602-532-0137 ext. 421, or MSP@azaap.org.



Health and Prescription Drug Discount Programs

These programs are designed to allow their members to receive some health services and/or prescription drugs at discounted rates. **THESE PRODUCTS ARE NOT INSURANCE COVERAGE**, but can provide uninsured or under-insured individuals with discounted rates.

[National League of Cities \(NLC\) Prescription Discount Card](#) provides immediate discounts at the pharmacy for prescription drugs that are not covered by insurance. The card is available to residents of cities that are members of the NLC - search [here](#) to see if your city is a member.

[Live Healthy Discount Program](#) offers discounted rates for prescription drugs, as well as a variety of health and dental services from providers within the participating network. The program is available to residents of counties who are members of National Association of Counties (NACo) - most counties in Arizona participate.

[Arizona Rx Card](#) provides discounts at pharmacies for any resident - there are no eligibility requirements to use the card. The program was launched to help uninsured residents afford their prescriptions, but people with insurance may also use Arizona Rx Card for discounts on medications not covered by their insurance or if the discounted pricing is less than their copay.

The [Coast2CoastRx card](#) is provided in partnership with the City of Phoenix and provides discounts of up to 80% at pharmacies nationwide.

The [Community Access Program of Arizona-Mexico](#) (CAPAZ-MEX) is a Medical Safety Net to the uninsured and vulnerable residents of Yuma County. It facilitates access to professional healthcare at discounted prices the uninsured can afford.

Unemployment Assistance

[ARIZONA@WORK](#) is a public and private partnership with 12 regional areas and 59 local offices, all working together to provide innovative workforce solutions to employers and job seekers. See the [Job Seekers](#) resource page for unemployment resources.

Visit [Arizona Department of Economic Security \(AzDES\)](#) to apply for unemployment benefits and insurance, and find other unemployment-related resources.

Social Security Administration

The Social Security Administration is a Federal Agency that offers many services such as:

- Social Security Retirement Benefits
- Survivor's/Spouse's Benefits
- Disability Benefits
- Medicare Health Insurance Benefits
- Supplemental Security Income (SSI) - Provides supplemental income for those who are age 65 and over, blind or who have a disability, including children, and who have little or no income and limited resources.

You can find a Social Security Office near you by using the [SS office locator tool](#).

Sexually Transmitted Infections and HIV/AIDS

The Arizona Department of Health Services [Sexually Transmitted Infection \(STI\) Control](#) program has list of clinics that provide STD services by county.

The [CDC Get Tested](#) program has a database of clinics that provide confidential and free or low-cost testing searchable by zip code.

Developed and maintained by Aunt Rita's Foundation, [HIVAZ.org](#) is a multipurpose source of information regarding HIV prevention, care, and resources throughout Arizona. They have a searchable database to locate services such as:

- Free Condoms
- Harm Reduction and Substance Use
- Hepatitis C Testing/Cure
- HIV Case Management
- HIV Testing and Prevention
- Paying for Care
- PEP/PrEP
- STI Testing

Veteran Services

[Be Connected](#) is an Arizona network that connects service members, veterans and their family members to a wide variety of resources. The website includes a searchable resource database, or individuals can call the support line team at 866-4AZ-VETS (866-429-8387) Monday–Friday 8am–5pm.

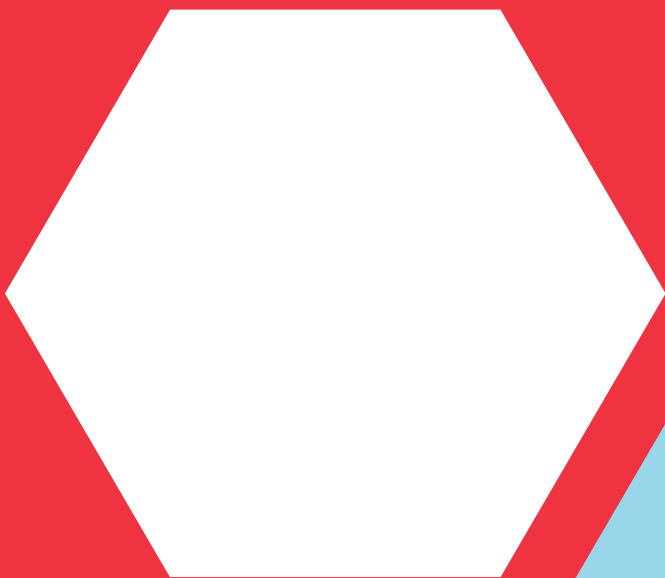
[Arizona Department of Veterans' Services](#) connects veterans to benefits and services, and also operates several [Arizona State Veteran Homes](#) to provide professional skilled nursing and rehabilitative care veterans and dependent/surviving spouses.

[Department of Veterans Affairs - Family and Caregiver Benefits](#)

Find your nearest VA location [here](#), or visit the below webpages for specific program information.

- [Health and disability benefits for family and caregivers](#)
- [Survivor compensation](#)
- [Education and career benefits for family members](#)
- [Home loan programs for surviving spouses](#)
- [Life insurance for family members](#)
- [Burial and memorial benefits for family members](#)





Children's
Action Alliance